



30th July 2020

Message to all Potential riders of Hunter District Cycling Club (HDCC) races.

As the club President I ask that all riders abide by the our club's COVID Plan. Please read some core rules listed below, prior to entering any race or training hosted by HDCC.

At no stage will the HDCC committee tolerate disrespect or abuse for asking someone not to attend due to a COVID 19 related compliance issues or unwillingness to comply with the below:

HDCC's CORE PRINCIPLES

HAVE YOU TRAVELLED OVERSEAS, OR VISITED VICTORIA OR ANY OF THE COVID 19 'HOTSPOTS' | If you are located or have travelled to any COVID 19 hot spots, we ask that you refrain from entering races, until advised otherwise. All participants from these identified areas are not be permitted to enter any HDCC races - your compliance is paramount to ensure the health and safety of all riders and officials and in doing so hopefully allow racing to continue for longer.

Please see link, for updated NSW hotspots as per NSW government www.nsw.gov.au/covid-19-hotspots

SOCIAL DISTANCING (1.5m) | The most important measure and one that everyone should be familiar with.

HAND HYGIENE | Please ensure you wash your hands or sanitise your hands often. Sanitiser stations will be available at several locations on-site.

COUGHING/SNEEZING ETIQUETTE | If you find the need to cough or sneeze, please cough/sneeze into a tissue (and discard immediately) or into your elbow.

SPITTING OR BLOWING NOISE DURING RACE | Please ensure this does not occur whilst riding at any time.

LIMIT TOUCHING | Where possible, avoid touching surfaces. When interactions are required with others, keep the interaction short.

GET IN, RACE, GET OUT

RESPECT | This has been a difficult time for many, with anxieties directly or indirectly related to COVID-19, or mixed feelings regarding measures being taken. It's important that we look out for each other, our community and our sport. We do this by acknowledging people will feel differently about this or how we go about our duties.

MINIMISE SPECTATORS AT EVENTS, | We ask that all non-riders stay at home. Of course, except for the case of minors, where parents are permitted to attend.

Any non-compliance with these controls will be subject to a request to leave immediately or referred to CNSW.

I look forward to seeing you at our next race day.

Regards

Justin Rose Club President

Issued 31st July 2020